

August 2025



JASLOK HOSPITAL
A lifetime of care

PULSE

BY JASLOK HOSPITAL



LEADERSHIP TRANSITION AT JASLOK



Leadership Transition



Launch of New Podium



International Association



LIVeR FEST



IVF Got Talent



OUR MISSION

- To make Jaslok Hospital the most respected medical institution of India.
- Providing the highest quality patient care.
- Nurturing and delivering clinical excellence and research.
- Doing charity to humanity irrespective of caste, race or denominations.



OUR VISION

To be the hospital of choice for patients, physicians and employees by providing state-of-the-art medical care with compassion and dignity.



LIFETIME OF CARE

A lifetime of care is as much about our 50 years history as it is about the next 50 and many more years. At its core it is the power of providing the highest quality patient care delivered through well-trained team, cutting-edge technology, research, all with a human touch. To summarise, it is a lifelong commitment from each and every 'Jaslokian' hence a Jaslokian's work is never finished.

EXECUTIVE SUMMARY

MEDICAL ACHIEVEMENTS

Exceptional Cases

LEADERSHIP TRANSITION

LAUNCH OF NEW PODIUM

FOUNDATION DAY CELEBRATION

52nd Foundation Day With Consultants In The Caribbean Way - 5th July 2025

The 52nd Foundation Day CME - 6th July 2025

QUALITY MANAGEMENT SYSTEM

HEALTH AWARENESS PROGRAMS

Corporate Activities

CME and Community

Community Activities

MEGA EVENTS

IVF Got Talent

LIVeR FEST

INTERNATIONAL ASSOCIATIONS

JASLOK IN NEWS





JASLOK HOSPITAL SAVES 30-WEEK PREMATURE BABY WITH MAJOR CONGENITAL ANOMALY HAVING LOWEST BIRTH WEIGHT IN INDIA IN A LANDMARK SURGERY

The prematurity and low birth-weight with Tracheoesophageal fistula (TEF) is a rare congenital condition which results to less than 50% chance of survival.

Jaslok Hospital and Research Centre in Mumbai, in a rare and complex case involving surgical and intensive care management, successfully treated a 30-week-old premature infant born with low birth weight (1.3 kg) and a Type C Tracheoesophageal Fistula (TEF). This congenital condition causes an abnormal connection between the windpipe and the food pipe, leading to excessive salivation and a high risk of choking and lung infection. The medical team at Jaslok Hospital performed a single-stage corrective surgery followed by oesophageal dilatation, marking a first-of-its-kind achievement in such a delicate case. Thanks to the coordinated efforts of the multidisciplinary team, the baby is now stable, is exclusively breastfed, weighs 1.8 kg, and is ready to be discharged. Born in Vapi, Gujarat, the infant faced life-threatening complications due to the condition, and the parents contacted Dr. Fazal Nabi, Director Paediatrics at Jaslok Hospital for higher treatment options. Considering the complexity of the case Dr. Fazal Nabi himself travelled to Vapi to fetch the baby to ensure the safety during the transport and the baby was brought to Jaslok Hospital under his expert monitoring with artificial ventilation. Baby was immediately admitted to the Paediatric Intensive Care Unit (PICU), where Dr. Fazal Nabi took charge of his treatment. On arrival, the baby was placed on ventilator support, given haemodynamic stabilization with inotropes, and started on intensive sepsis management.

Later, pediatric surgeon Dr. Nargish Barsivala, a renowned Paediatric Surgeon at Jaslok Hospital was consulted who advised the most appropriate approach will be a one-stage surgery once the baby is stable. On the 3rd day, Dr. Barsivala performed a one-stage corrective surgery, involving ligation of the fistula and end-to-end oesophageal anastomosis, after which the baby was moved to the intensive care unit. In the period following the surgery, the team faced another problem of intestinal movement. Because of prematurity and low birth weight the intestines were not moving properly. Baby was on (NG) Nasogastric tube feeding along with partial TPN. The baby had problems of swallowing also. Nasogastric Tube Feeding was given for about a month and then a decision was taken for performing Feeding Gastrostomy and the NG tube was removed.

However, even after a month, the baby continued to have difficulty swallowing. To address this challenge, a gastrostomy procedure was performed. The team opted for a high-risk oesophageal dilatation procedure using the smallest available dilator. **Dr. Pankaj Dhawan, Consultant Gastroenterology at Jaslok Hospital** carried out this delicate procedure, with crucial support from the Paediatric Intensive Care Unit, led by Dr. Fazal Nabi along with Dr. Barsivala and Anaesthesia team. Gradually, the baby began swallowing on his own, leading to the removal of the NG tube.

Dr. Fazal Nabi, Director – Paediatrics, Jaslok Hospital & Research Centre, said, “When the baby was brought in, he was struggling — tiny, fragile, and in urgent need of care. From stabilising him on arrival to managing post-surgical complications, every step had to be timed and tailored. The oesophageal dilatation was particularly challenging, but the team worked in perfect sync. Watching him now, feeding on his own and ready to go home, is a reminder of why we do what we do. It was a team effort from start to finish, and I am grateful for the critical support”

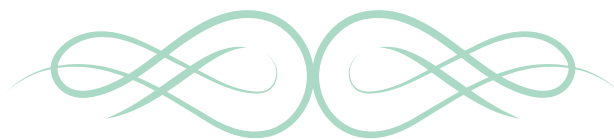
Dr. Nargish Barsivala, Consultant – Paediatric Surgery, Jaslok Hospital & Research Centre, said, “Operating on a premature baby weighing just over a kilo is never easy. The tissues are extremely delicate, and the margin for error is almost zero. But given the nature of the condition, waiting wasn’t an option. We decided to go ahead with a single-stage repair, knowing the risks but also the long-term benefits. The successful outcome was made possible by the precise surgical expertise, expert anaesthesia support by Dr. Rajani Prajish and assisting help from Dr. Kotawala and the surgical residents.



Expressing gratitude, Mrs. Trupti mother of the baby said, "My baby is a precious baby born after 8 years of marriage with IVF support. When my baby was born so early and so fragile, I feared the worst. However, the care and dedication shown by the doctors and staff at Jaslok Hospital gave me hope. I truly believe that without their expertise and compassion, my child would not be here today."

Jaslok Hospital's Chief Medical Officer Dr. Milind Khadke, mentioned "It is the clinical excellence and cutting-edge technology behind saving a 30-week premature baby with Tracheoesophageal fistula—a rare, life-threatening condition. Despite low birth-weight and under 50% survival odds, the landmark surgery showcases the hospital's advanced neonatal care and surgical expertise, achieving a remarkable medical breakthrough."

The family is now receiving comprehensive guidance on caring for the premature infant at home, including safe feeding practices, medication schedules, and vital warning signs to watch for.





JASLOK HOSPITAL SETS NATIONAL BENCHMARK WITH SECOND SCARLESS MASTECTOMY IN INDIA

- Endoscopic mastectomy uses a small 3–4 cm incision placed on the lateral chest wall, ensuring better sensory preservation and superior cosmetic results without compromising cancer clearance.
- The patient experienced minimal post-operative discomfort with a rapid recovery, being discharged just one day after surgery, reflecting the procedure's safety and effectiveness.

In a groundbreaking advancement in breast cancer treatment, Jaslok Hospital and Research Centre in Mumbai has successfully performed a pioneering Endoscopic Skin and Nipple-Sparing Mastectomy (E-NSM). The procedure was immediately followed by implant-based reconstruction using TiLoop mesh. This first-of-its-kind “scarless” mastectomy, performed only once before in India, was conducted on a 27-year-old unmarried woman, ensuring both oncological safety and an exceptional scar-minimised outcome.

When the patient first arrived at Jaslok Hospital, she had a sizeable lump measuring around 4–5 cm in the left breast. The medical team began treatment with chemotherapy to shrink the lump. During this phase, genetic testing revealed she was BRACA gene positive, significantly increasing long-term cancer risk. Given this development, she was recommended an advanced surgical approach.

Conventional mastectomies usually involve a 10–12 cm incision across the breast, often leaving visible scars and impacting body image. Given the patient's age and personal concerns, **Dr. Sandip M. Bipte** suggested an endoscopic mastectomy with immediate reconstruction as the best approach. This technique uses a small 3–4 cm incision discreetly placed on the lateral chest wall, outside the breast mound, ensuring better sensory preservation and an enhanced cosmetic result without compromising cancer clearance.

Dr. Sandip M. Bipte, Oncoplastic and Robotic Breast Surgeon, Jaslok Hospital and Research Centre, said, “For young women diagnosed with breast cancer, the emotional toll of surgery can be just as significant as the physical. Our patient was extremely concerned about the visible scar and body image after surgery. After evaluation, we suggested endoscopic skin- and nipple-sparing mastectomy. This advanced minimally invasive surgical procedure ensures both oncological safety and aesthetic integrity, helping restore their confidence, self-image, and quality of life. I've seen firsthand how transformative it can be. Its success here at Jaslok Hospital is a testament not just to surgical innovation but to the unwavering support and coordination of our entire team. I'm especially grateful to Dr. Sadashiv Choudhary and the Jaslok Hospital staff for standing by me throughout this journey.”

The procedure was completed without complications, resulting in minimal post-operative discomfort and a swift recovery. The patient was discharged just one day after surgery.

Expressing her deep satisfaction, **Ms. Sarita said**, “Choosing surgery was one of the hardest decisions I've ever had to make, but I felt completely supported every step of the way. The care I received went beyond just medical; it gave me emotional strength and confidence I didn't know I had. Today, I look in the mirror and feel whole, not just healed. That means more to me than I can express.”

With this breakthrough, Jaslok Hospital has once again reaffirmed its commitment to innovation, patient-centered care, and excellence in cancer treatment, offering new hope to women facing breast cancer during one of the most vulnerable phases of their lives.



JASLOK HOSPITAL MAKES HISTORY WITH FIRST-OF-ITS-KIND LUTETIUM THERAPY SAVING TERMINAL PROSTATE CANCER PATIENT

- Jaslok Hospital's expert team took on this complex case involving a critically low platelet count of 7,000. Through meticulous care and innovative treatment, they helped the patient regain strength and resume everyday activities.

In a first-of-its-kind case boosting the role of nuclear medicine in advanced cancer care, Jaslok Hospital & Research Centre has successfully treated a 66-year-old man suffering from advanced metastatic prostate cancer, delivering hope where none remained. When conventional therapies failed and he was given just months to live, doctors at Jaslok Hospital turned to lutetium therapy and changed the course of his recovery.

After multiple lines of hormonal therapy and at least three chemotherapies failed to halt disease progression, the patient faced a critical condition. His cancer had spread extensively in the bone marrow, the vital factory for blood cell production, leading to dangerously low haemoglobin and platelet levels. This caused frequent transfusion dependency, and he was advised to pursue only supportive and palliative care, with limited life expectancy.

Refusing to give up hope, the patient approached Jaslok Hospital. Under the expert care of **Dr. Jeyhan Dhabhar** and **Dr. Vikram Lele** the hospital took on this complex case. Despite the patient's platelet count being a critically low 7,000, far below the accepted threshold for lutetium therapy at most centres, the team optimized his condition through extensive supportive care and blood product transfusions.

"Patients with platelet counts below 50,000 are usually deemed ineligible for lutetium therapy," explained **Dr. Jeyhan Dhabhar, Consultant Medical Oncology, Jaslok Hospital and Research Centre**. "Taking on a patient with such a low count was unprecedented and involved careful risk assessment and planning. We clearly communicated to the patient that this was a novel approach, yet it represented the best chance for meaningful treatment."

"This case exemplifies the power of innovation combined with personalised care," said **Dr. Vikram Lele, Director of Nuclear Medicine Department, Jaslok Hospital and Research Centre**. "By pushing the boundaries of conventional treatment protocols and tailoring therapy to the patient's unique condition, we have opened new avenues for those previously considered untreatable. It's a testament to what multidisciplinary collaboration and cutting-edge technology can achieve in modern oncology."

Dr. Milind Khadke, Chief Medical Officer, shared:

"This was not just a medical challenge it was a test of trust, innovation, and determination. The patient came to us when all other options had been exhausted, and his condition was considered too critical for advanced therapies. Despite the risks, our team made a conscious decision to stand by him and deliver the best care possible. It is moments like these that define who we are at Jaslok, where hope meets expertise, and no patient is ever turned away when there's even the slightest chance to heal."

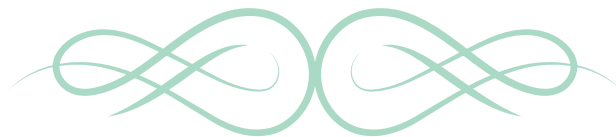
The patient has now undergone two successful cycles of lutetium therapy. His prostate-specific antigen (PSA), a key marker of cancer activity, has reduced from over a hundred to less than 1.

Remarkably, he no longer requires platelet transfusions, the last one having been over a month ago, and has resumed his daily activities and work.

Exceptional Cases

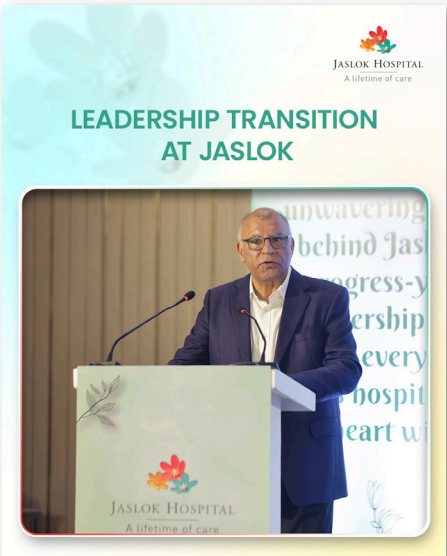
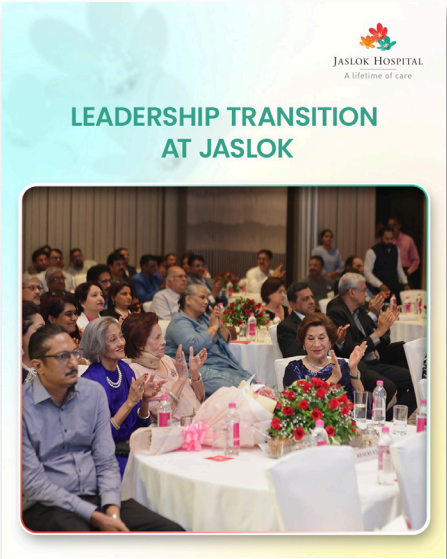


Expressing his gratitude, **Mr. Vinay Vaidya** shared, “For years, I struggled with relentless pain and underwent numerous treatments including 20 chemotherapy cycles that brought little to no relief. Many had given up on me, but Jaslok Hospital offered a ray of hope when I needed it most. The care, dedication, and expertise of Dr. Dhabhar, Dr. Lele, and the entire team have truly transformed my life. Today, I am able to live my daily life with renewed confidence and optimism.”



LEADERSHIP TRANSITION AT JASLOK HOSPITAL:
VINOD P. CHANRAI APPOINTED AS CHAIRMAN

Mrs. Kanta Masand, who has served with distinction as Chairperson, will now assume the honorary role of Chairperson Emeritus. Mr. Vinod P. Chanrai, a longstanding Trustee and key figure in the Jaslok community, has taken over as Chairman.

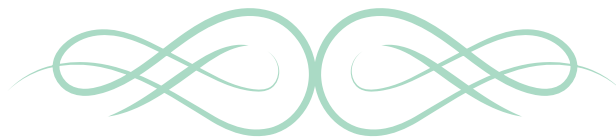


NEW PODIUM, NEW POSSIBILITIES



"WELCOME TO THE NEW PODIUM – ELEVATING HEALTHCARE WITH MODERN COMFORTS"

We're excited to unveil the New Podium at our hospital — a space designed with modern amenities, enhanced patient care areas, and state-of-the-art facilities. This new addition reflects our continued commitment to providing world-class healthcare in a comfortable, innovative, and healing environment.



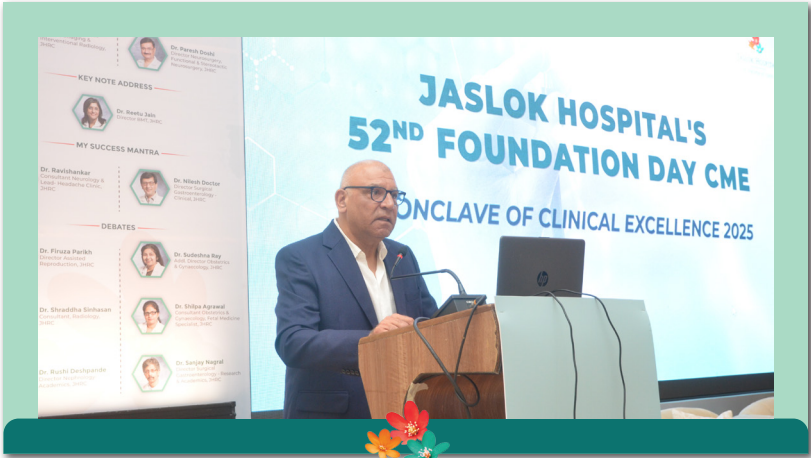
FOUNDATION DAY CELEBRATION

52ND FOUNDATION DAY WITH CONSULTANTS IN THE CARIBBEAN WAY - 5TH JULY 2025



FOUNDATION DAY CELEBRATION

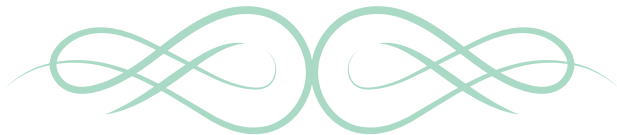
THE 52ND FOUNDATION DAY CME - 6TH JULY 2025





SERVICE EXCELLENCE: DUS KA DUM - COMPARISON

S.No	KPI	Current Sample Size	Benchmark	Dec'24	May'25
1	Discharge Turn around Time (TAT) – Cash	All IP patients	2.00hrs	1hrs 29mins	2hrs 4mins
	Discharge Turn around Time (TAT) – Credit	All IP patients	2.00hrs	1hr 58mins	1hr 40mins
	Discharge Turn around Time (TAT) – Free/IS/WS	All IP patients	2.00hrs	52mins	1hr 6mins
	Discharge Turn around Time (TAT) – TPA	All IP patients	3.30hrs	3hrs 9mins	3hrs 37mins
2	Patients admission time	All IP patients	<35mins	10 mins	7 mins
3	Patients waiting in EMS	All patients	1.45mins	1hr 16mins	1hr 7mins
4	% of Doctors visiting ward admissions	All IP patients	25mins	25mins	24 mins
5	Call Bell Response	10-15% of IP patients	Immediate	100%	98%
6	F&B Services Turnaround Time (TAT) – Breakfast, Lunch & Dinner	All IP patients	22mins	B –22 L –23 D –22	B –19 L –20 D –19
7	Pharmacy delivery TAT – Urgent	All IP patients	40mins	27mins	22mins
	Pharmacy delivery TAT – Routine	All IP patients	1hr 50mins	43mins	42mins
8	% of OT updates to relatives	All IP patients	2hrs	96%	98%
9	Final bill variation > 5% from billing estimate given	All IP patients	90%	92%	91%
10	Engineering complaints from occupied rooms	All IP patients	10% reduction	373	288



HEALTH AWARENESS PROGRAMS

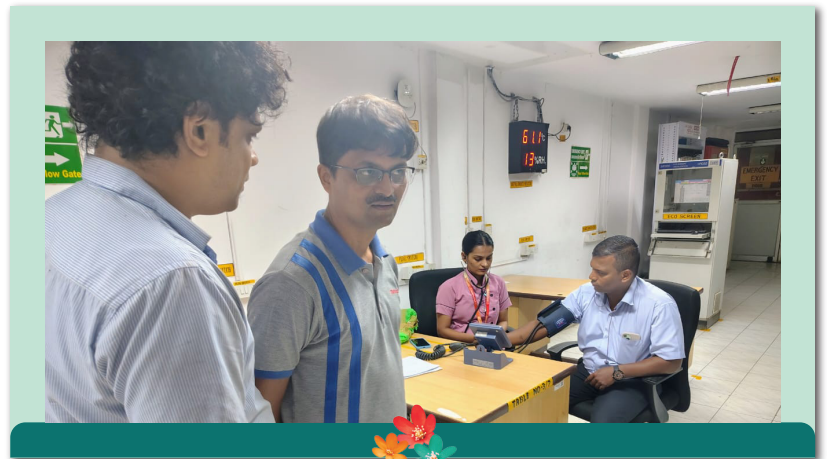
CORPORATE ACTIVITIES



Health Talk at Jindal Steel



BP Screening Camp at Mahindra & Mahindra

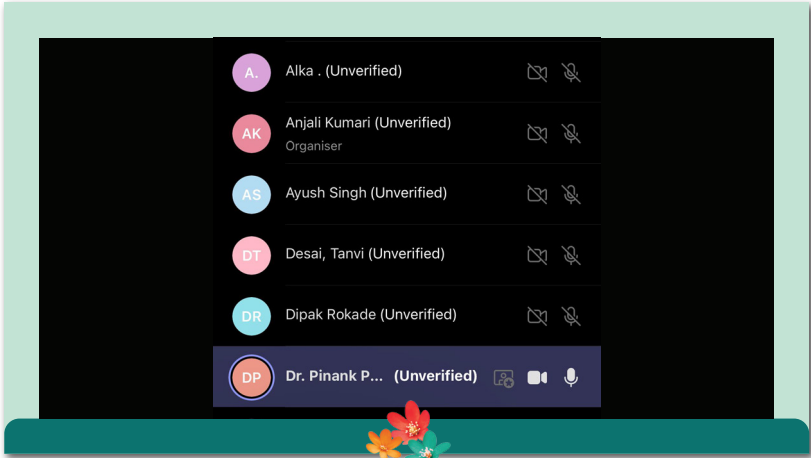
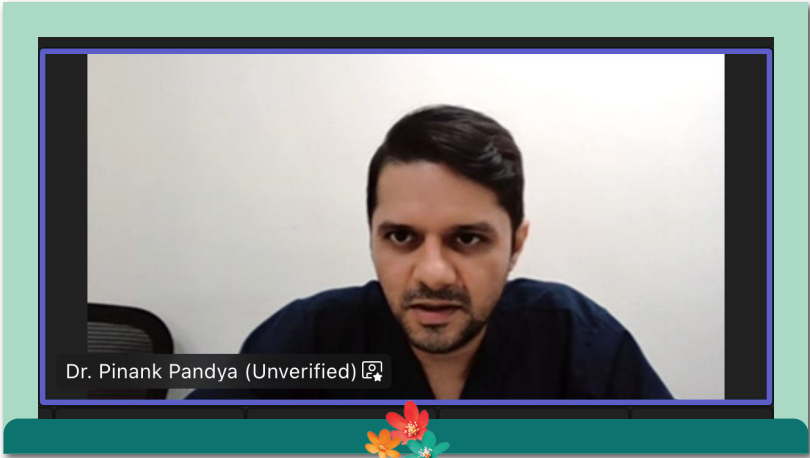


KYD at Mumbai Port Trust



HEALTH AWARENESS PROGRAMS

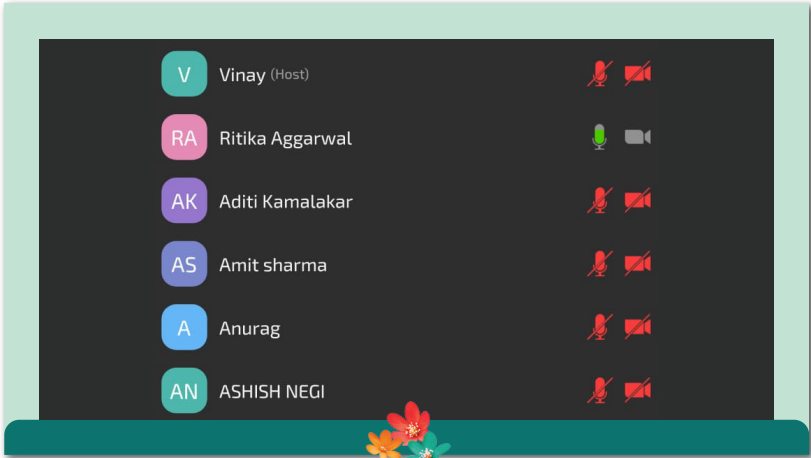
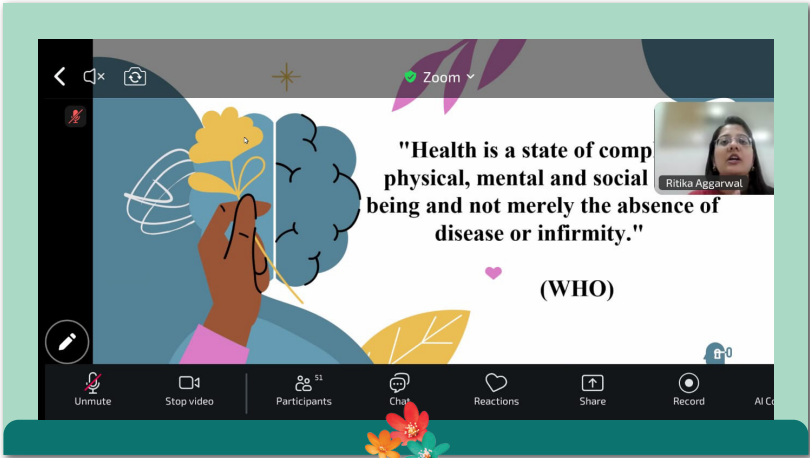
CORPORATE ACTIVITIES



Webinar at Publicis Resources



Yoga Session at Mahindra & Mahindra



Webinar at Continuum Green Energy Ltd.

HEALTH AWARENESS PROGRAMS

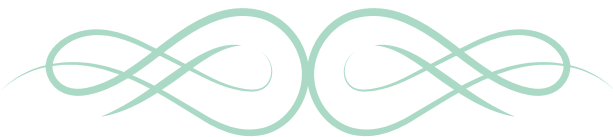
CME AND COMMUNITY



IVF camp conducted at Mangal Anand Hospital, Chembur



Dr. S. B. Desai at D ward CME



HEALTH AWARENESS PROGRAMS

COMMUNITY ACTIVITIES



Health Checkup at Blue Birds Mitra Mandal, Worli



Health Checkup at Balrangbhumii



WHAT IS NEUROPATHY?

- Damage or dysfunction of nerves
- Often affects hands, feet, or both
- Can be caused by many conditions

Think of your nerves like Wi-Fi—when they glitch, weird things start happening.

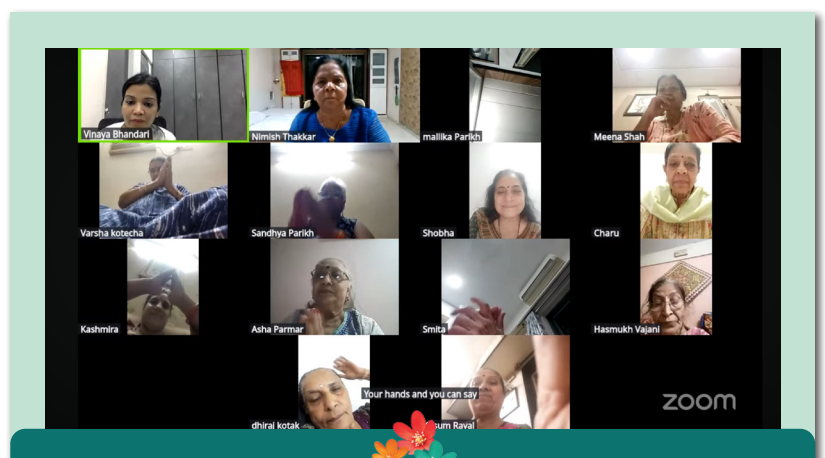
Peripheral Neuropathy

- Central nervous system
- Peripheral nervous system
- Spinal cord
- Motor fibers
- Sensory fibers

Normal activity: You feel the gentle heat and cool your hand away from the flame.

Peripheral Neuropathy symptoms:

- Muscle weakness:** Your finger can't keep your cup away from the flame.
- Numbness:** Your finger does not feel the heat of the flame.



Webinar Session at Zoom, Gujarati Gaurav Foundation

HEALTH AWARENESS PROGRAMS

COMMUNITY ACTIVITIES



Health Checkup at New Hind Mill Compound, Byculla



Health Checkup at Lions Club, Dadar



Health Checkup at Lodha Tower, Wadala



HEALTH AWARENESS PROGRAMS

COMMUNITY ACTIVITIES



Senior Citizens Program at Auditorium, Nana Nani Khushiyaan



Health Checkup at New India Insurance Company, Churchgate



Health Checkup at Sai Sunder Nagar, Prabhadevi



MEGA EVENTS

IVF GOT TALENT

At Jaslok FertilTree - International Fertility Centre, led by Dr. Firuza Parikh, Director Jaslok FertilTree, every child born through IVF is a testament to hope, science, and love. On occasion of World IVF Day, we celebrated these little miracles, not just for how they came into the world, but for the incredible talents they bring to it.



MEGA EVENTS

LIVeR FEST

"On World Hepatitis Day, Jaslok Hospital partnered with Children's Liver Foundation to launch LIVeR Fest, a unique initiative aimed at spreading awareness about liver health among school students. Over 200 students from 10 schools participated in this engaging event, learning valuable lessons about liver care and wellness."



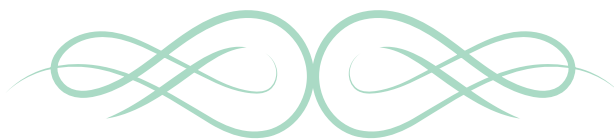
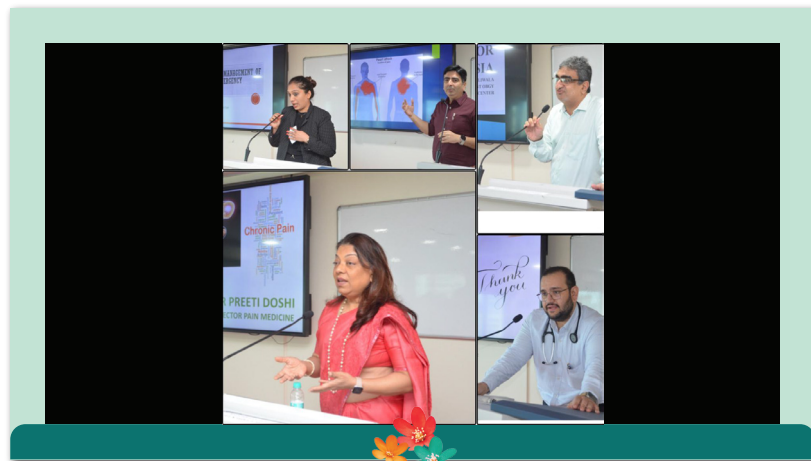
ASSAUGER 2025 REPORT

“Assuager 2025” a Pain awareness program on 17th May 2025 concluded in Jaslok hospital auditorium with great appreciation and huge success This year’s theme was “ **Practical Pearls for Managing Acute and Chronic Pain**”

Dr. Preeti Doshi (Director Pain Medicine Department) started the concept of Focused Pain Education for Nurses (the primary contact points with most patients) in the year 2017 and since then in collaboration with Nursing Education Department of Jaslok Hospital and Research Centre, Mumbai have been organizing Assuager for Nurses on a regular basis. The scientific programme was drawn under the guidance of Dr. Preeti Doshi (Director Pain Medicine), Ms. Roselind Mathews (Chief of Nursing) and Ms. Sugandha Naik (Deputy chief of Nursing services) with very engaging and interactive sessions from 8:30am to 5:30pm.

There was a panel of 15 eminent faculty members from all different disciplines like Nursing, Pain medicine, Paediatrics, Emergency Medicine, Physiotherapy department, Oncology, Cardiology, Gynaecology, Anaesthesia, Neurology Restorative & Regenerative department sharing their knowledge and imparting useful practical pearls from their rich experience.

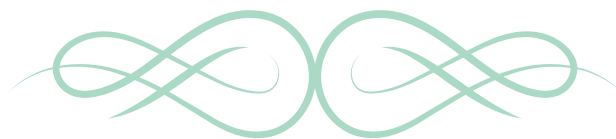
It was a very well attended event with 82 delegates from all across hospitals of Mumbai city. Kudos to the great efforts put in by SN Snehal Chavan and Nurse Educator Ms. Marie Fichardo to make this possible. We got very gratifying and positive feedback from the participants. Pre & post tests were conducted & evaluated. All the participants were provided ‘Certificate of Participation’ at the end of the event. The event concluded with precious memories and motivation to conduct many more for creating the much-needed awareness on the subject.

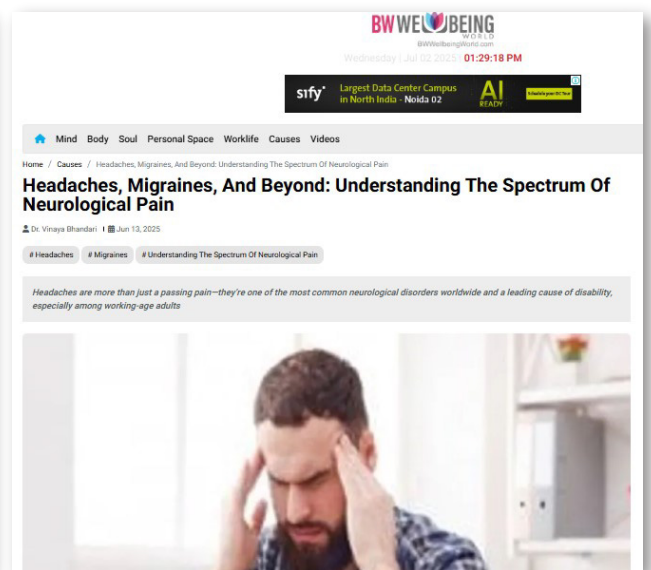
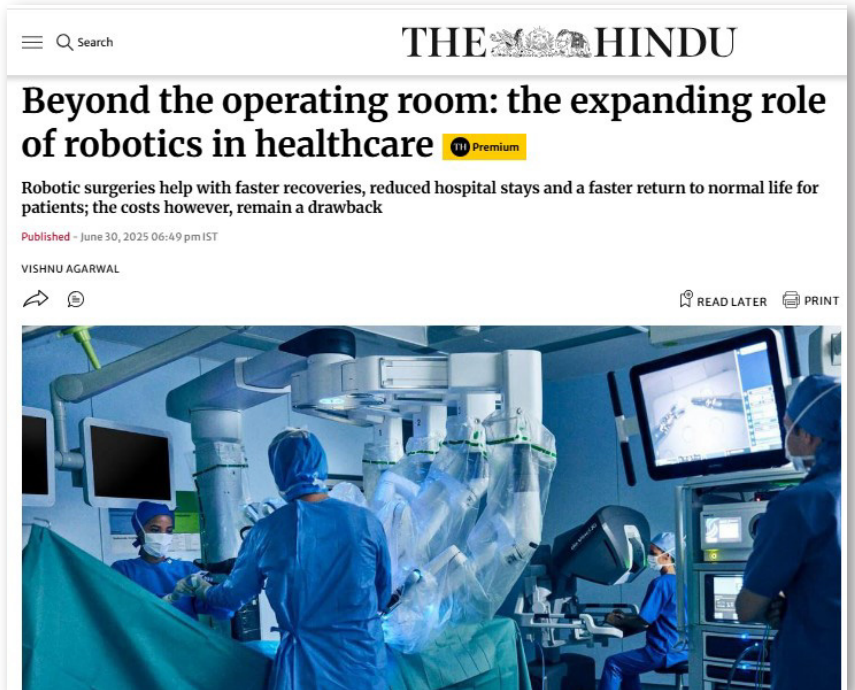
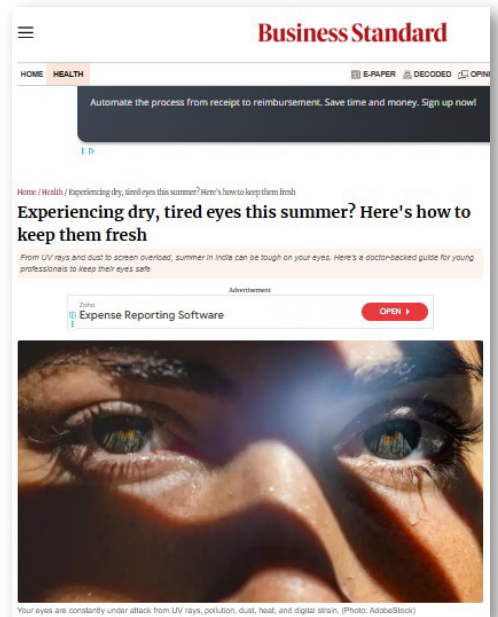
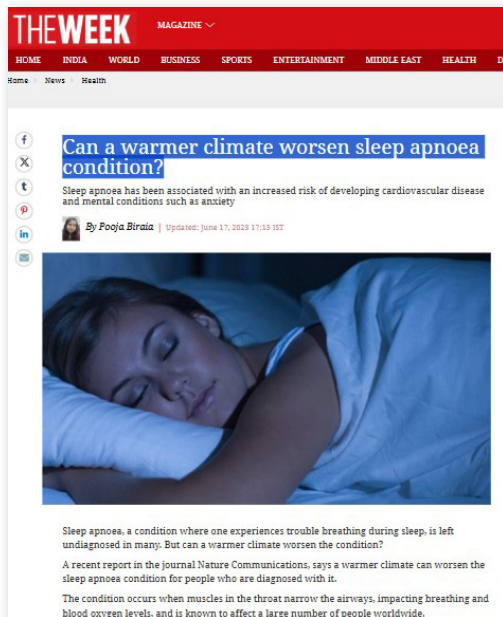


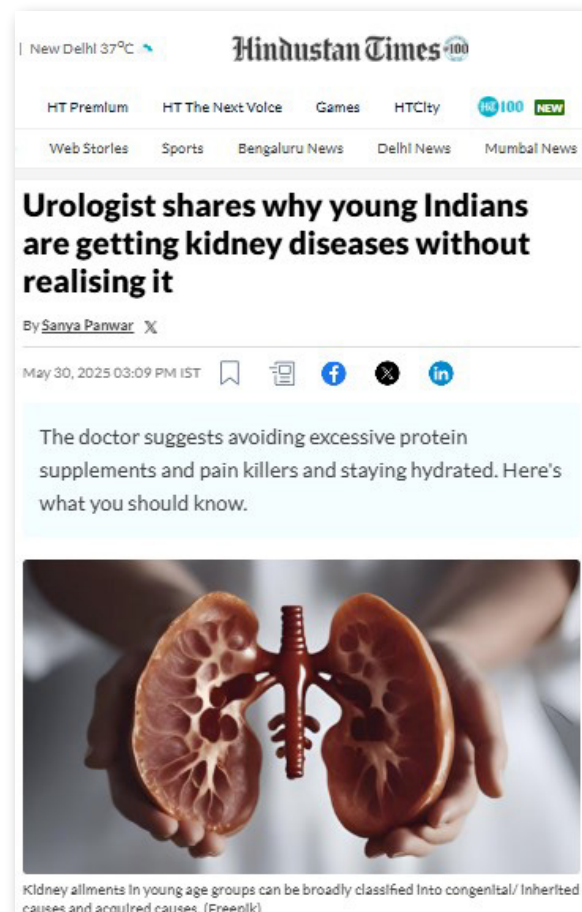
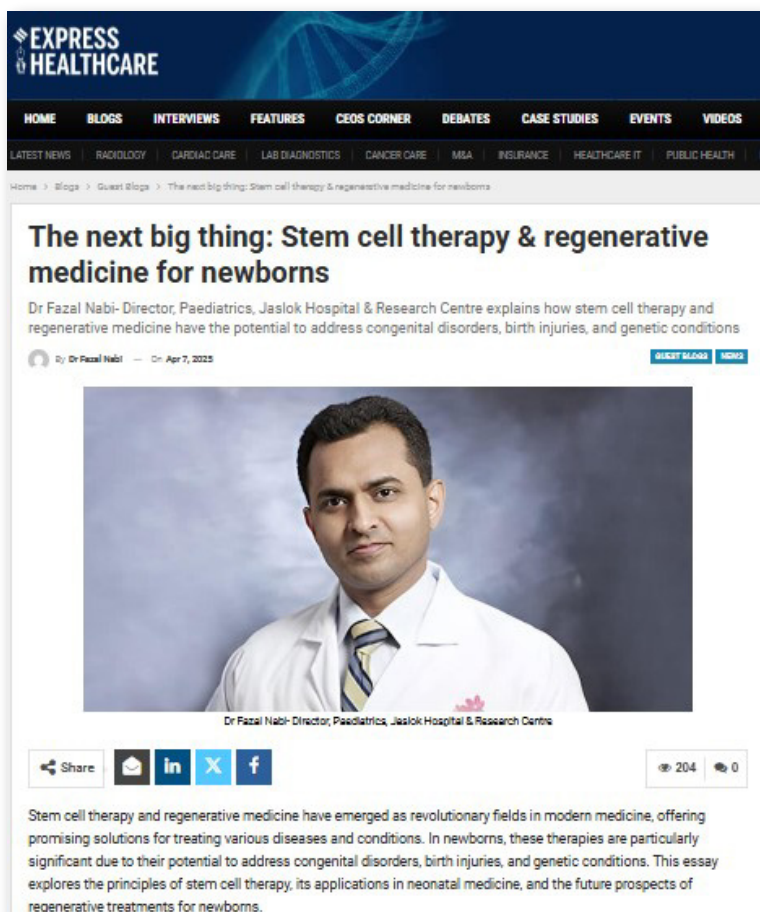
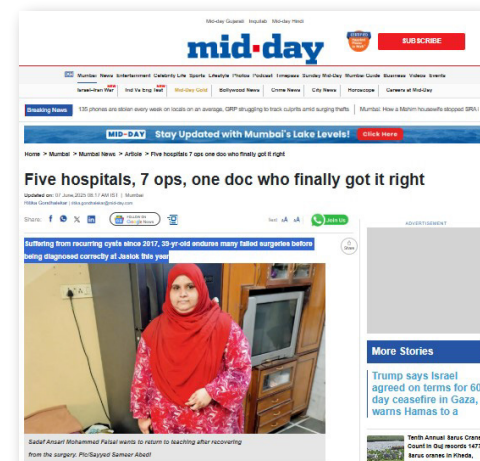
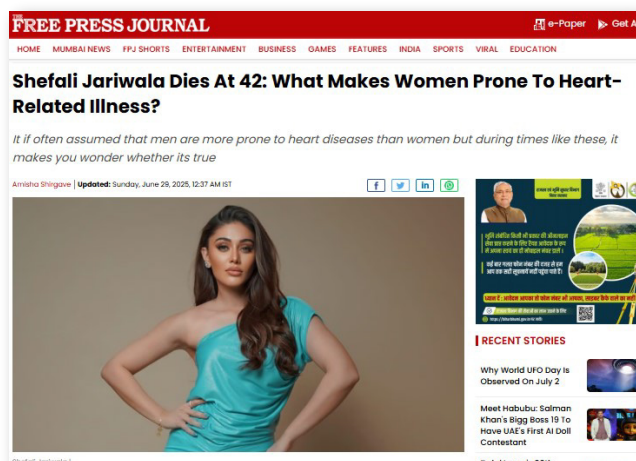
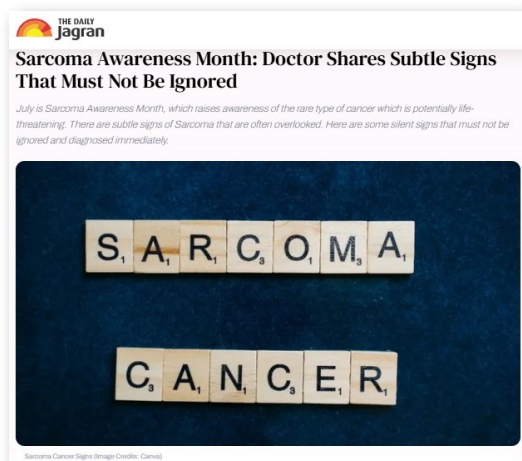
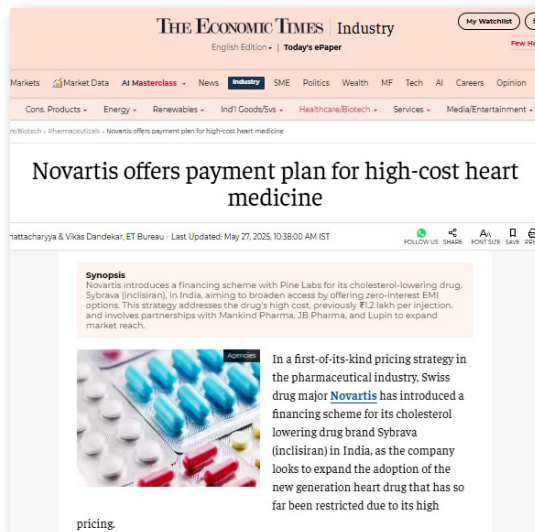
INTERNATIONAL ASSOCIATIONS

DELEGATE FROM CENTRAL BANK OF NIGERIA

11 doctors from Tanzania for observership under Nephrology, CVTS, Gastroenterology and Neurology.







Updated: Jun 15, 2025, 17:30 IST

UTIs Are More Common In Women—And Summer Makes Them Worse; Experts Share How to Prevent Them

Nisha Pandey

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Expert Reviewed by [Annu Chanchal](#), Chief Copy Editor

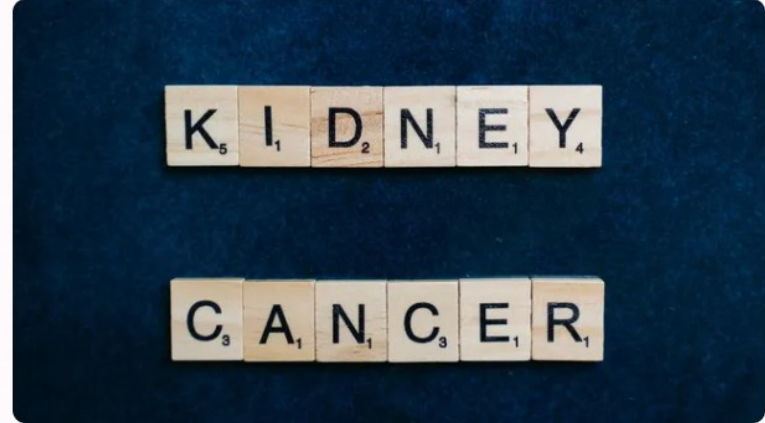
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THE DAILY Jagran

Why Do Most Kidney Cancers Go Undetected Until It's Too Late? Know From Doctor

Kidney cancer rarely shows clear symptoms in its early stages. Often, the symptoms, like pain or visible changes, go unnoticed, which delays the detection of the kidney cancer. Here's the doctor sheds light on the symptoms of kidney cancer that must not be overlooked.



Kidney Cancer (Image Credits: Canva)

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HEALTH

What Role Does Genetics Play in Reproductive Medicine? Experts Opine

Authored by: [Ashima Sharda Mahindra](#) | Updated Jun 30, 2025, 19:00 IST

Genetics plays a crucial role in reproductive medicine, impacting both fertility and the health of offspring. According to experts, genetic factors influence a couple's ability to conceive, the success of assisted reproductive technologies like IVF, and the health of the developing embryo and baby.



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Home » Beauty » Skin » Why Lymphatic Drainage Is The Beauty Ritual Everyone's Obsessed With

Written by [Ravina M Sachdev](#)

Published on Jul 1, 2025, 12:44 IST

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FOLLOW ON

From de-puffing to emotional release, lymphatic drainage is 2025's most whispered-about beauty ritual. But does it work? We dive into the science and the feeling.



25



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Estimates: **88797 97914**
8 AM to 8 PM (Mon to Fri) & 8 AM to 5 PM (Sat)



Patient Helpline Number:
99201 66688
8 AM to 8 PM (Mon to Sun)



DIAL

Emergency & Ambulance Services

080 623 44444

